



COLLINGWOOD
SCHOOL

STUDENT ILLNESS POLICY

If your child has a fever (temperature of 37.5C and above), diarrhea, vomiting, or excessively coughing please keep them at home and let the school nurses know of their symptoms. The parent/guardian needs to maintain direct contact with the nurses of the Health Centre and the student’s teacher if the child is diagnosed with a communicable disease. This will allow the school to take appropriate steps to protect the rest of the student population.

If your child arrives at school with symptoms or develops symptoms indicative of a condition listed below a parent/guardian will be contacted and asked to pick the child up as soon as possible. The Collingwood Health Centre is unable to accommodate students for an extended period of time. Parents/Guardians are asked to arrange for pick up in a timely manner.

By washing hands frequently and keeping our sick kids home we can avoid the spread of illness. If your child is not well enough to come to school on time, or is unable to stay for the entire day, then they should stay home

Parent/Guardian resources:

- Contact The Collingwood School Health Centre or your family doctor if you have any questions.
- HealthlinkBC: 8-1-1 or visit www.healthlinkbc.ca
- Vancouver Coastal Health: <http://www.vch.ca/public-health/children-youth-schools>
- Sneezes and Disease: <http://www.vch.ca/Documents/sneezes-and-diseases.pdf>

Symptoms	Stay home from school?
<p>VOMITING Throwing up one or more times in the past 24hrs.</p>	<p>Yes – until no vomiting for 24hrs or a doctor says it is not contagious; watch for other signs of illness and for dehydration.</p>
<p>DIARRHEA Loose or watery stools, more frequent than child’s normal bowel movements that are not caused by food or medicine.</p>	<p>Yes – until diarrhea subsides for 24 hours without the use of medication or a doctor says it is not contagious. If volume of stool is greater than normal, student is at risk of dehydration and should stay home to rest and rehydrate.</p>
<p>FEVER A fever is anything above 37.5C (99.5F).</p>	<p>Yes – when fever is elevated above 37.5C and is accompanied by behavior changes or other symptoms of illness, such as fatigue, rash, sore throat, vomiting, diarrhea, etc.</p>

	Child is only able to return to school 24 hours after the fever is gone without the use of medicine that reduces fever.
Symptoms	Exclusion is Necessary?
"FLU-LIKE" Fever with cough or sore throat. Other flu symptoms can include fatigue, body aches, vomiting and diarrhea.	Yes – for at least 24 hours after the fever is gone, without the use of medicine that reduces fever.
COMMON COLD Runny nose, congestion, mild cough, sneezing, stuffy nose with clear drainage, sneezing, & mild cough. Please note: fever does not usually accompany the common cold.	No - may attend if able to take part in school activities. <i>If symptoms are accompanied by fever, persistent "wet" cough and/or shortness of breath then the child should be kept at home until resolved.</i>
RASH WITH FEVER <u>NOTE:</u> Body rash without fever or behavior change usually does not need to stay home from school; call the doctor to confirm.	Yes – Seek medical advice. Any rash that spreads quickly, has open, weeping wounds and/or is not healing should be evaluated. May return to school when medical provider determines that illness is not communicable.
CONJUNCTIVITIS (PINK EYE) Pink or red eyes with thick, mucous or pus draining from the eye.	Yes (bacterial or viral) – If your child's doctor has prescribed antibiotic drops or ointment, your child should use the antibiotic for a full day before returning to school.
HEAD LICE	Yes – Live lice should be treated until no live lice are visible. *See head lice policy for more detail. Visit: http://www.vch.ca/Documents/getting-rid-of-head-lice.pdf
COMMUNICABLE DISEASES (Mumps, Measles, Whooping Cough, Streptococcal Infections, Fifth's disease, Chicken Pox, Hepatitis, Herpes, Hand, Foot and Mouth Disease)	Yes – If your child has been diagnosed with a communicable disease, it is important to consult with the diagnosing physician as to communicable period and when your child is safe to return to school.

Sources:

Retrieved from BC Centre for Disease Control : <http://www.bccdc.ca/health-info/diseases-conditions>

Supporting the health and well-being of children . Retrieved from Vancouver Coastal Health : http://www.vch.ca/media/Sneezes_And_Diseases_December_2014.pdf