

GRADE 9 SPRING KAYAKING PERSONAL GEAR LIST

- ✓ Please pack EVERYTHING on the equipment list - your comfort and safety depends on it!
- ✓ Remember: you will be fitting your personal gear, group gear and food into 1 kayak – so pack light.
- ✓ Waterproof all your personal gear – waterproof sleeping bag and thermarest with a garbage bag in stuff sacs
- ✓ Explore provides three dry bags 1 10L for a lap bag of essentials and 1 20L and 1 10L for clothes
- ✓ Food should be waterproofed in ziplocs then organized into stuff sacs – Explore provides 1-2 stuff sacs/group
- ✓ Space in the kayaks is limited so keep to the equipment list!

Clothes for camp

- 1 Footwear for around camp (running shoes or rubber boots)
- 1 Thermal top long sleeve
- 1 short sleeve synthetic/wool shirt
- 1 Thermal long underwear bottoms (polyester, capilene, wool, silk)
- 1 Nylon Pants
- 1 Fleece Pants
- 3 pairs wool or fleece Socks
- 2 (total) of the following: Down jacket or vest/Thick fleece jacket/wool sweater
- 2 wool or fleece Toques
- 1 Thin Gloves
- 1 Waterproof jacket with hood (gore-tex or DWR coated)
- 1 Waterproof Rain Pants (gore-tex or DWR coated)

Clothes for paddling (keep separate in a day pack)

- 1 Footwear that can and will get wet (sports sandals **with heel strap**, wet suit booties or old runners, natives etc.)
- 1 Thermal Top or Rash Guard top
- 1 Thermal Bottom
- 1 pair Nylon Shorts
- 1 Bathing suit or non-cotton underwear to wear under the wetsuit
- 1 pair Gloves recommended
 - Neoprene gloves or pogies (special paddling mitt) or wool/fleece gloves inside dishwashing gloves work well on cold/wet days
 - Biking, kayaking or similar gloves work well on warm days to decrease possible blisters and wind

- Sun hat/Sunscreen/ Sunglasses/ Lip sun block
- 1 Water bottle 1 L (leak-proof, plastic not metal)

*NOTE: Explore provides Paddling jackets plus a farmer jane/john wetsuits. If you own a wetsuit you may bring it to be checked by an Explore teacher.

Camping Gear

- 1 Day Pack
- 1 Mummy Sleeping Bag (-5 to -12 degrees Celsius) waterproofed in a garbage bag
- 1 Thermarest or insulite pad waterproofed in a garbage bag
- 1 Headlamp or Flashlight (with spare batteries in a Ziploc bag)
- 5 garbage bags and 5 ziplock bags to waterproof gear
- 1 Toilet paper (in a Ziploc bag)
- 1 Camp bowl/plate, mug, Eating utensils
- 1 Toothbrush/paste
- 1 Hand sanitizer (one per tent group minimum)
- Medications: Clearly labelled with name and dosage instructions
- Braces: knee, wrist, ankle, etc. (if applicable)
- Money (\$15) for lunch on Friday

Optional:

- Watch, Camera, Binoculars
- 1 pair quick dry/nylon shorts (for camp)
- Small personal first aid kit (band-aids etc.)
- *Small pocket knife for food prep (parent's choice – see below)
- *Lighter for lighting stoves (parent's choice - see below)

**These items may come as long as the student's parents feel the student is trustworthy with them. Any misuse will result in the knife or lighter being confiscated.*

Kayak Packing System



① Lap Bag
 * Keep it with you in the cockpit on your lap!
 - Sunglasses, toque, hat, camera, Sunscreen, medications, head lamp...

② Clothing Bag #1
 * Pack the bottom half of your clothing in here!

③ Clothing Bag #2
 * Pack the top half of your clothing in here!

④ Sleeping Bag
 * Waterproof with garbage bag!

⑤ Food Bag
 * "loose goose" items like cans or oranges do not need to be packed in food bag!

⑥ Day Pack
 * Only for the ferry
 Pack:
 - Paddling clothing
 - lunch
 - snacks
 - H₂O Bottle
 - \$

⑦ Sleeping Pad
 * Thermarest or Insulite pad
 Waterproof with garbage bag!

* LOOSE GOOSE *

These items do not need to go into a bag, they can be fit into nooks and crannies of the kayak!

