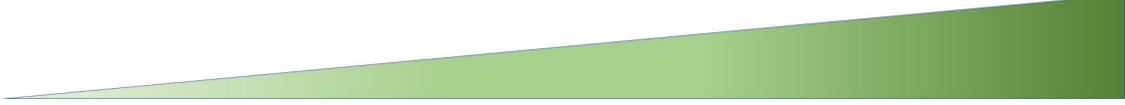


Name: _____

Personal Growth

Date: _____

Place your mark on the scale.

I am resilient.	<p>Never Sometimes Always</p> 
I am responsible for my learning.	<p>Never Sometimes Always</p> 
I know my strengths.	<p>Never Sometimes Always</p> 
I live a healthy life.	<p>Never Sometimes Always</p> 
I strive for personal improvement.	<p>Never Sometimes Always</p> 



Name: _____

Personal Growth

Date: _____

Share a specific example of your identity:

Record a SMART goal to develop your identity:

(SMART = Specific, Measurable, Attainable, Realistic, Time-bound)

