



October 11, 2019

Dear Morven Families,

The Power of Gratitude

As we step into the Thanksgiving holiday weekend, “gratitude” once again comes to the fore of our thinking. Gratitude is an element of so many family traditions.

A recent read discussed the “power of gratitude” as a strong link between “work success and personal well-being.” Contemporary educational research also highlights this link with students’ “school success and social well-being.” These kinds of statements fuelled my interest to read on.

Studies show that grateful youth have higher achievement in schools; experience more positive emotions; and move on to live meaningful lives. Other studies support gratitude among Middle and Senior School students can create an increased sense of hope, trust in others, and fuel a desire to serve their community.

At Morven, the concept of gratitude is not foreign to our students. A glance to yesterday’s Grade 12 Kindie Buddy activity, the student sponsored “All Candidates Meeting,” or “Conversation and Cookies” with our newest Morven students, confirmed that gratitude is revealed in many ways, but stepping outside of self, to take action, and reflect on what we are grateful for, is at the core of Morven and is pervasive.

I am very proud of our students’ academic commitments, their personal development, and the abundance of gratitude at Morven. I am confident that by all of us living the message of thankful intentions, the measure of our students’ success is limitless.

On behalf of all of us at Morven, very best wishes for a warm Thanksgiving weekend filled with giving thanks.

Sincerely yours,

Dr. Beverley von Zielonka
Head of Morven

“When eating a fruit, think of the person who planted the tree.” - Ancient Proverb

Parent Conference - October 30, 2019

Registration for the Parent Conference is now FULL - [Waitlist Here](#)

Limited space available for the Evening Session - [Register Here](#)

If you have registered for the Parent Conference and are no longer able to attend, please contact [Sherry Heard](#) so that the spot can go to the next person on the waitlist.

Parent Conference - October 30, 2019 9:00am Darlene S Howard Theatre, Morven Campus

Join Marg Thorsborne, a world leader in Restorative Practises, to learn about the most effective ways to develop our young people into thoughtful, caring, empathic, and kind kids who have a strong sense of self worth and integrity. How can we build into the way we raise them, the skills to manage the difficult moments in their own lives?

This workshop is designed to help parents understand what contributes to the relational climate at home and the influence we can have, as adults, on the emotional “temperature”.

There will be plenty of moments when things go wrong (as they do in all families) and that climate becomes too hot or too cold, and sometimes the fallout can become unbearable.

Format

- 9:00am Registration and coffee
- 9:30am Start
- 11:30am – 12:30pm Light lunch served
- 12:30pm Program resumes
- 1:30pm Conference ends

Evening Session- October 30, 2019, 7:00-8:30pm

Lecture Theatre, Morven Campus

For those of you who are unable to join us for Parent Conference, Marg Thorsborne will be hosting an evening session geared towards parenting teens. Being a conflict-competent adult is going to be a useful skill-set to have in these circumstances, but these skills do not necessarily come naturally or easily to us, depending on our own upbringing. Our children will always make mistakes and make poor decisions, so how do we use these opportunities to build responsibility for what’s occurred and how can we hold them accountable for these mistakes in these instances? How does the loss of trust get repaired?

These questions and others will be covered in the following topics:

1. What makes a solid, healthy relationship with our children work?
2. What do young people say that they need from the adults in their lives?
3. What are more effective ways of understanding and responding to behaviours that are problematic?
4. What can we do that relies less on punishment and rewards, and uses more effective approaches in holding each other accountable?



University Guidance

University Guidance invites all parents and students in Grades 8 – 12 to attend this important event:

University of Chicago Presentation

October 16, 6:00 pm
Morven Campus, Lecture Theatre

Next week we have many universities and colleges visiting during the day. Please visit [here](#) for a complete list with dates and times.

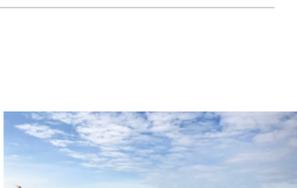
The Great British Columbia ShakeOut - Thursday, October 17

Collingwood is participating in the [Great British Columbia ShakeOut](#) on Thursday, October 17. 750,000 people have signed up to participate in this drill in BC, along with 60 million people worldwide. Both schools will ‘drop cover and hold on’ after the announcement on the PA system during last block. This means we will all shelter under desks and tables for 2 minutes. Immediately following ‘drop cover and hold on’ we will have an evacuation to Glen Park after which staff and students will return to the building before dismissal.

Please see here for ShakeOut [resources](#).
The [North Shore Emergency Management](#) website also has lots of useful information.

Service Initiatives & Upcoming Events

These initiatives are open to all Collingwood students and families.



- **Ambleside Beach Clean-up**
Saturday, October 19, 9:00am to 11:00am

- **Strathcona Community Clean-up**
Saturday, November 2, 10:00am to noon
Meet at 872 East Hastings

In partnership with the Strathcona Community Policing Centre we will be working together on the first cigarette butt clean-up in the Strathcona area. SCPC volunteers will be guiding us through the neighbourhood and also providing us with grabbers, bags, gloves and all equipment.

Any children 12 and under must be accompanied by an adult. Collingwood adult supervision will be provided as well. Please sign up [here](#).

Visit [here](#) for all upcoming Service opportunities and upcoming events.

Open House Information



Please invite your friends and families who do not yet have children attending Collingwood School to join us for one of our upcoming Open Houses:

- Grade 8-12, October 22, 2019
- Grade 1-7, November 5, 2019

Visit [here](#) for Open House registration.

Fall Farmers Market - Thursday, October 17, 3:00pm-4:00pm



Where: Wentworth garden (on the tarmac behind the school)
What: A celebration of the fall harvest including music, face painting, homemade crafts and fresh garden veggies for sale (All donations go to Backpack Buddies)

Why: To celebrate community, feel connected to our food source, and give back through service

Who: Everyone is welcome!

Parents' Council Updates

Parent Ambassador Training

Show your pride of our School by sharing your experiences with prospective families.
We welcome you to attend a short training course to become a Parent Ambassador.

Gr. 8-12 Open House Training

Tuesday, Oct. 15, 2019

1:30pm-2:45pm - Morven Campus

Gr. 8-12 Open House Training

Thursday, Oct. 17, 2019

8:45am-10:00am - Morven Campus

For more information and to register, please visit [here](#).

Gala 2019: Saturday, October 19



The countdown is on! Just a little over a week until the party of the year, 'Prom Night 1984', to celebrate Collingwood's 35th Anniversary!

Doors open at 6:00pm with some '80s inspired surprises starting as early as 6:30pm so don't be late! Hawksworth catering is providing a delicious passed dinner, and your ticket price also includes an open bar for wine & beer, and sweet treats from Thomas Haas.

Be prepared for a walk down memory lane with some classic '80s music videos, and the energetic buzz of live band, Groove and Tonic!

An incredible selection of items is available at our silent auction and crowd favourite, Marco Iannuzzi, is our charming auctioneer for the always popular live auction.

Don't have tickets? It's not too late - click [HERE](#) to get yours!

See you on October 19th for a night of Fun & Fundraising!

REMINDERS

Monday, October 14

Thanksgiving
School Closed
Both Campuses

Wednesday, October 16

University of Chicago Presentation
6:00pm - 7:30pm
Morven Campus, Lecture Theatre
For all upcoming University Guidance Events, visit [here](#).

Thursday, October 17

Shakeout BC
Earthquake Drill

Friday, October 25

Province Wide Pro-D Day
No Students in Attendance

Fall Farmers Market
3:00pm-4:00pm
Wentworth Garden
(on the tarmac behind the school)

Unishop

COLLECTION
Wednesday, October 23, 2019
8:45am -9:15am
Morning drop-off
Both Campuses

Waste Reduction Week

October 21 - 24
Stay tuned for more details!

SALE
Thursday, October 24, 2019
8:45am -10:45am
(Wentworth & Morven sizes)
[More Information](#)

Quick Links

[Family Handbook](#)
[Day 1-5 Rotation Schedule](#)
[Calendar](#)
[Athletics Calendar](#)
[Service Opportunities](#)
[Co-Curricular Handbook](#)
[University Guidance Events](#)
[Photo Gallery](#)
[Parents' Council](#)

Inclement Weather

As an early reminder, we wanted to remind all families of our inclement weather procedure. In the event of snow and school closures, you will find information posted to the [homepage](#), [Students](#) and [Parents](#) pages of our website by 6:30am.



Collingwood School
70 Morven Drive, West Vancouver, BC V7S 1B2

<https://www.collingwood.org/>