



NEWS & REMINDERS: WENTWORTH

February 22, 2019

Message from the Head of Wentworth

Dear Wentworth Families,

"Be kind whenever possible. It is always possible."
- Dalai Lama

Reflecting on the incredible kindness, empathy, and joy demonstrated by our students in their daily interactions at school and in the community, we're excited to throw a spotlight on these wonderful characteristics this coming week as we roll out our annual 'Smile Campaign' at Wentworth. The culture of kindness that weaves its way through who we are and what we do at Collingwood is what connects us most to one another.

A number of our students have been busy planning activities for the week, and are keen to share some of the remarkable things that they've learned. Here's one example, *"Did you know your smile can be a predictor of how long you'll live, or that a simple smile has a measurable effect on your overall well-being?"*

Highlights of our upcoming week's student-generated activities include:

- Monday, February 25 – Share a Smile

We'll focus and reinforce our positive thinking by paying attention and considering what it is that makes us smile, and examining why smiles are considered a universal symbol of happiness.

- Wednesday, February 27 – Pink Shirt Day

Students are invited to wear a pink shirt with their uniform in celebration of kindness in our community. Students will be crafting messages of kindness and sharing them with their classmates, peers, teachers, and school staff.

- Friday, March 1 – Committing to Kindness

We'll be examining why kindness is important in our lives, what it means to be kind to someone, and share about the times that we've been shown kindness. We'll also be discussing the differences between a responsibility or expectation, and genuine kindness.

We hope that we get a chance to share our smiles with you too!

Marc Young
Head of Wentworth

Parent Circles at Wentworth

Ever wonder what your child is experiencing during "circles" at school? Well, now is your chance to experience it for yourself. At Collingwood, our Restorative Justice Circles program works within the social and emotional learning program being used in individual classrooms, and is a great way to build a positive and caring classroom environment. Each week, teachers lead a series of activities and discussion that result in a greater awareness of themselves and others. Topics include: identity, diversity and stereotyping, empathy, peer pressure, mediation and conflict-resolution, self-inquiry, self-awareness, self-regulation, community building, and communication, as well as distinguishing between needs, rights and responsibilities. These issues reinforce the core competencies of the new BC curriculum, particularly the Personal & Social, and Communication competencies. More information can be found on the North Shore Restorative Justice Society website [here](#).

If you are interested in taking part in a Parent Circle on Tuesday, March 5th at 5:00pm at the Wentworth campus, please sign up [here](#) or email Timber Monteith, timber.monteith@collingwood.org.

E-Cigarettes, Vaping & Youth on the North Shore

March 6, 2019, 5:00pm – 7:00pm, Morven Campus

Brought to you by Samantha Weiss, our Dean of Student Life and Leadership, Dr. Mark Lysyshyn will be here to present on this very important topic in our community. Dr. Lysyshyn works for Vancouver Coastal Health as Medical Health Officer for the North Shore and School Medical Officer for the North Shore school districts. He is a specialist in Public Health and Preventive Medicine and Internal Medicine and has previously practiced Addiction Medicine at St. Paul's Hospital in Vancouver. He is a Clinical Assistant Professor at the University of British Columbia School of Population and Public Health.

[RSVP](#)

Cinderella Project

Collections March 4-7
Morven Campus

Throughout the year, the [Cinderella Project](#) collects donations of new and used formal wear. Each spring, the project holds "Boutique Day" in ballrooms donated by the Pinnacle Hotel Vancouver Harbourfront.

Please read [here](#) for more information and to view our wish list. This collection is a student-led initiative. Thank you for your support.

Measles Update for North Shore Schools from Vancouver Coastal Health

[Read Here](#)

Upcoming Dates:

Smiles Week

Feb. 25 - March 1

InSchoolwear Hours

Our Vancouver store will be closed during Spring Break from March 18-22. Regular store hours will resume Saturday, March 23. Shop [online](#) 24/7.



Blitz Days

Monday, Feb. 25 -
Wednesday, Feb. 27

Just a reminder that now is the time to clean out your closets and garage and donate those items to the Spring Fair! We will be running our first collection next week, Monday-Wednesday, February 25th-27th during morning drop-off. You just need to pull up curbside at either campus, pop open your trunk and our volunteers will do the unloading! For details of acceptable items click [here](#).



Photo of the Week

K - Gr. 5 students participated in Jump Rope for Heart today.

For more photos from all Collingwood School activities, follow us on [Facebook](#) & [Instagram](#)!



SPRING BREAK BASKETBALL CAMP

Join [North Shore Basketball](#) and NIKE for March 18-22 at Collingwood School for a week of contests, games, skill development and prizes! We are offering both elementary (Gr. 2-7) and high-school (Gr. 8-12) camps with all participants competing and playing at a level that suits their personal development.

Register [here](#) and use discount code **DUZZI** for 15% off the registration fee.

Inclement Weather

In the event of snow and school closures, information will be posted to the [homepage](#), [Students](#) and [Parents](#) pages of our website by 6:30 am.